

Shark Tales

October 2019

What is SWIM?

Hopefully you have heard of the acronym SWIM from your child(ren). SWIM represents the expectations we have building-wide for all students.

S - Show respect

W - Work hard

I - Include others

M - Make safe choices

At home we encourage you to utilize this acronym and, more importantly, the message it represents. For example, you may ask your child, "What part of SWIM are you demonstrating (at school or at home)?" And the student may reply, "I'm showing (or not showing) respect to you as my parent (or my teacher)."

Thank you for your continued partnership!

Shelton View Mission:

Shelton View is a caring, diverse community of students, families, and staff dedicated to creating a collaborative learning culture whose goal is for all to feel safe and valued, while ensuring academic and social success for all.

Safety & Courtesy Reminder

During student drop off and pick up, please remember:

-The neighborhood speed limit is 20mph

-Inside the SV gates, the speed limit is 5mph

-Please do not block mailboxes, driveways, and park facing the correct direction on the street

-For parent pickup directions, please see <https://sheltonview.nsd.org/our-school/parking-transportation>



October 2019

10/1 – Individual Picture Day

X-Country Meet @ Kenmore El. 4:45-5:30PM

10/8 – X-Country Meet @ Arrowhead El. 4:45-5:30PM

10/15 – X Country Meet @ Shelton View 4:45-5:30PM

10/25 – Vision & Hearing Screening

Wednesday Early Release at 2:30PM

Choir Mondays & Thursdays 8:40-9:25AM

November Conferences


Please note that Thursday, Nov. 21st-Wednesday, Nov 27th students will be dismissed at 12:40PM for Elementary Conferences.

Wednesday, Nov. 20th will be a normal 2:30PM dismissal

A Note from Nurse Sherrie

The Health Room could use size 5-7 elastic waist pants or leggings for boys and girls. Please consider donating any outgrown pants to the Shelton View Health Room!

Thank you!



Our wonderful music teacher, Mrs. McNiel, is looking for someone to accompany the choir on piano this year. If you are able to volunteer your time, please contact Mrs. McNiel at kmcniel@nsd.org. Rehearsals are Mondays and Thursdays from 8:40-9:25AM. She will not need your help every rehearsal, but will take any help you can give!

HiCap Eligibility Process Timeline

Date	Task
September 23 - October 18	Administer NNAT3 to students in grades K, 1, and 5
October 25	Parent permission due for assessment
October 30 – November 8	Administer NNAT3 to new-to-district students
November 22	Notify parents of students' screening results
November 18 – December 20	Administer Iowa Assessments to eligible students. We will begin testing at middle schools first due to parent conferences.
January 24, 2020	Notify parents of students' eligibility status

Dear Parents/Guardians,

Welcome back to school! I hope you all had a fun and relaxing summer. I am excited to be returning as your School Nurse. My goal is to have a safe and healthy environment for learning and look forward to working with you and your child in the coming year.

Sometimes it is hard to decide if your child needs to stay home or can go to school. To help give you some guidelines, please refer to the link ***When Should I Keep My Child Home*** on the Shelton View website. If you are still not sure if your child should come to school, please give me a call. There is also additional information on my Health Room website that can be accessed at: <http://sheltonview.nsd.org>

If your child needs to take medication at school (prescription and/or over the counter) you may obtain the Medication Authorization Forms from me in the Health Room (or on the website above). On the back of the Medication Authorization Form is NSD's Medication at School Policy, which reflects WA State law. **Please do not send any medication to school without the proper authorization – it cannot be given.** If your child takes regular medication at home that should not be interrupted (i.e. medication for a seizure disorder) I strongly encourage you to obtain the necessary authorization and keep a 3-day supply of medication at school in case of an emergency – such as an earthquake.

State law requires that a child with a life-threatening condition have medication or treatment orders in place on or before their first day of school. As a result, students with severe asthma, allergies that require epinephrine, diabetes or any other condition considered life threatening will need to have medication/treatment orders signed and in place at school on or before the first day of attendance.

VISION AND HEARING SCREENING

Each year in Northshore schools, students in grades Kindergarten, 1, 2, 3, 5, and 7 receive hearing and vision screenings. We are currently scheduled for vision and hearing screenings on Friday, October 25, 2019. If you would like to exempt your child from either of these health screenings, please contact me.

It is important to understand that these are basic screenings, and are designed to identify students who may require further testing. They are not intended to replace regular exams by qualified health care providers. A student who does not pass any screening will be rechecked in a few weeks, and you will be notified only if there are concerns after the second screening.

Vision screening uses the PlusOptix. The PlusOptix is an autorefractor that takes a measurement of the refraction of the eyes. The results give a baseline refraction measurement. The illumination technique used by PlusOptix, is totally harmless to the child's eyes. If your child wears glasses or contact lenses for distance or near vision, please be sure they have them on the screening day.

If your child has a hearing loss and is being followed by a healthcare provider or specialist and you do not wish for them to participate in the screening, please let the school nurse know. If you have concerns about hearing loss and school accommodations, contact your student's teacher or the school nurse.

If you would like to volunteer for the screening day, please contact me.

I'm looking forward to a great year ahead! As always, please contact me if you have any questions or concerns about your child's health.

Take Care,
Sherrie Bowers, RN
(425) 408-5206
sbowers@nsd.org



PACE Information Night/Open House 2019

PACE (Parents Active in Cooperative Education) is an elementary enrichment program offered by the Northshore School District for children and starts in the 1st grade.

The hallmarks of PACE include an enhanced educational experience due to high parent involvement, enrichment activities, encouragement for students to become self-motivated learners and a strong sense of community among families. PACE is located at three sites with feeder patterns from all Northshore elementary schools. Families commit to a minimum of 80 hours per year of program support. Work may be either in the classroom or outside the classroom, based on parent's availability and interest.

To find out if PACE is a good fit for your family and to learn more about the enrollment process, you are invited to attend the PACE Information Night/Open House at **Lockwood Elementary Tuesday, October 22nd**, from 7:00-8:30.

For more information please visit <http://www.nsd.org/PACE>

